

ABSTRACT OF THE DISCLOSURE

A surgical instrument is provided, as is a method for stabilizing and facilitating recovery of injured bone within a living body. The surgical instrument includes a flexible cable and a plurality of permanent bone-contacting enlargements fixedly attached to the flexible cable. The bone-contacting enlargements are spaced apart from one another to provide linking cable portions alternating with the spaced bone-contacting enlargements. The spaced relationship between the bone and the linking cable portions provide channels along the bone length for permitting vascular circulation across a region of the injured bone to which the surgical instrument is applied.